## **Out of town Meetings**

SUNDAY 7:30 PM CD Serenity Group, St. Andrews United Church, 291 Plaunt St. S. Renfrew

MONDAY 7.00 PM CD 12 and 12 Group, Denbigh-Griffith Lions Club, 25991 Hwy 41 Griffth

MONDAY 8.00 PM OS Gold Bond Group, Melville United Church, Victoria St, Eganville

TUESDAY 7:30 PM CD White Lake CD Group, United Church, White Lake

WEDNESDAY 7.00 PM CD Primary Purpose Big Book Meeting, 12 Lake St, Killaloe

WEDNESDAY 8.00 PM CD Steps & Traditions Group, Chrysostom Church 295 Albert St, Arnprior

THURSDAY 8.00 PM OS Way of life Group, United Church Hall, Main St, Cobden

FRIDAY 8.00 PM OS Douglas Group, Bromley Township Hall, 1766 Barr Line Rd, Cobden

SATURDAY 7.00 PM OD Third Tradition Group, St Paul Anglican Church Hall, 16 Argyle St N Renfrew

SATURDAY 7.30 PM OS Calabogie Group, United Church Hall, Calabogie

See maps, directions, info, etc. at:

# www.pembrokeaa.org

# Are you an alcoholic?

- 1. Have you ever decided to stop drinking for a week or so, but only lasted for a couple of days?
- 2. Do you wish people would mind their own business about your drinking —stop telling you what to do?
- 3. Have you ever switched from one kind of drink to another in the hope that this would keep you from getting drunk?
- 4. Have you had to have an eyeopener upon awakening during the past year?
- 5. Do you envy people who can drink without getting into trouble?
- 6. Have you had problems connected with drinking during the past year?
- 7. Has your drinking caused trouble at home?
- 8. Do you ever try to get "extra" drinks at a party because you do not get enough?
- 9. Do you tell yourself you can stop drinking any time you want to, even though you keep getting drunk when you don't mean to?
- 10. Have you missed days of work or school because of drinking?
- 11.Do you have "blackouts"?
- 12. Have you ever felt that your life would be better if you did not drink?

Meeting list Updated:

May 19, 2018

# **Alcoholics Anonymous**

Area 83, District 74 Pembroke & area **Meetings** 

You are not alone.

Pembroke help-line 1 (877) 746-7360



# AA Groups:

Search for Serenity - River Group Allumette Island Group Triangle Group - New Hope Group Just for Today - Step Sisters Group Windsor New Freedom Group Golden Lake Group – Centre Group Stepping Stones - West End Group Beachburg New Freedom Group

### SUNDAY

**11:00 AM Search for Serenity**, 860 Pembroke St E., Pembroke OD

**7:00 PM West End Group**, Holy Name of Jesus Church, 295 First Ave North, Pembroke CD/WA

**7.30 PM Triangle Group** All Saints Anglican Church, 1173 Victoria St, Petawawa OS

#### MONDAY

8:00 AM. Triangle Group, All Saints Anglican Church, 1173 Victoria St, Petawawa CD

6:45 PM New Hope Group, Pembroke Legion, 202 Pembroke St E. Pembroke OD

7:00 PM Allumette Island Group, Recreation Meeting Hall, St Joseph, PQ CD/WA

7:30 PM. Triangle Group, All Saints Anglican Church, 1173 Victoria St, Petawawa Lit

7:00 PM River Group, Municipal Bldg, Pt Alexander CD/WA

### Names & Numbers

TUESDAY

8:00 AM. Triangle Group, All Saints Anglican Church, 1173 Victoria St, Petawawa CD

12:30 Noon Step Sisters Women's Group First Presbyterian Church, 257 Pembroke St. W, Pembroke Open/BBS

> **7:30 PM Just for Today Group**, St. Timothy's Lutheran Church, 503 Alfred St, Pembroke OD

**7:30 PM Beachburg New Freedom**, Lions Club Hall, 9 Hannah St., Beachburg CD

#### WEDNESDAY

8:00 AM. Triangle Group, All Saints Anglican Church, 1173 Victoria St, Petawawa CD

6:45 PM New Hope Group, Pembroke Legion, 202 Pembroke St. E Pembroke OD

7:30 PM Triangle Group, All Saints Anglican Church, 1173 Victoria St, Petawawa CD

CD - Closed discussion OD - Open discussion
WA - Wheel chair accessible OS - Open speaker
Lit - Literature (12 steps, 12 traditions and Big Book)

## THURSDAY

8:00 AM. Triangle Group, All Saints Anglican Church, 1173 Victoria St, Petawawa CD

7:30 PM Stepping Stones Mount Zion United church, 34 Barry St CD

### FRIDAY

8:00 AM. Triangle Group, All Saints Anglican Church, 1173 Victoria St, Petawawa CD

**12:00 noon New Hope Group**, Pembroke Legion, 202 Pembroke St. E Pembroke OD

**7:00 PM West End Group**, Holy Name Church, 295 First Ave North, Pembroke CD/WA

7:00 PM River Group, Municipal Bldg, Pt Alexander OS/WA

### SATURDAY

8:45 AM Windsor New Freedom Group, Heritage Manor, 1111 Pembroke St, W., Pembroke OD/WA

**7:30 PM Centre Group**, First Evangelical Missionary Church, 39 Shalom St, Pembroke OD/WA